

## BREAKFAST

#### **Avocado Toast**

Avocado, basil dressing, salt & pepper on 7 grain bread

#### **Avocado Caprese Toast**

Avocado, tomato, fresh mozzerlla, basil dressing, salt & pepper served on 7 grain bread

#### **Baked Oatmeal**

Made in house with our own special recipe

### **Breakfast Sandwich**

Egg, choice of meat & cheese with your choice of bread

#### **Breakfast Wrap**

Egg, tomato, peppers, onions, & cheese

#### **Breakfast Panini**

Egg, avocado, turkey, provolone served on ciabatta

#### **Hot Granola**

Granola served with hot milk

#### **Old Fashion Oatmeal**

Rolled oats made to order -- create your own by choosing your topping

## Waffle Egg Sandwich

Egg, sausage, cheddar cheese, served on a toasted waffle - served with syrup

### LUNCH

#### Caprese Panini

Fresh tomatoes, mozzarella, pesto

#### **Chicken Salad Sandwich**

Chicken, craisins, walnuts, served with lettuce, tomato, on a croissant

#### **Grilled Cheese**

Three Cheese, tomato, pesto served on 7 grain bread

#### **Tuna Melt**

Housemade tuna salad, tomato, cheese served open faced on an english muffin

#### **Tuna Wrap**

Housemade tuna, tomato, lettuce served on a flour wrap

#### **Turkey Provolone**

Turkey, provolone, lettuce, tomato, oregano mayo, served on 7 grain bread

#### **Turkey Avocado Wrap**

Turkey, provolone, avocado, tomato, lettuce served on a flour wrap

#### **Winter Panini**

Turkey, provolone, cranberry chutney, served on ciabatta

# SALADS I QUICHE I SOUP

## **Salads**

#### **Caesar Salad**

Chopped romaine, asiago cheese, housemade croutons, served wtih housemade caesar dressing

### **Englewood Farm Salad**

Mixed greens, tomatoes, onion, kalamata olives, asiago cheese, croutons, served wtih housemade lemon basil dressing

#### **Winter Salad**

Mixed greens, fresh cut apple, fresh cut pear, cashews, onion, asiago cheese, croutons, served wtih housemade lemon poppyseed dressing

#### **Kale Salad**

Kale, craisins, cashews, asiago cheese served wtih a lemon vinaigrette

#### **Tossed Salad**

Mixed greens, tomato, onion, cheese, housemade croutons, your choice of dressing.

# Quiche

Broccoli Cheddar

Three Cheese

Tomato Spinach.

# Soups

**Butternut Squash** 

**Tomato Basil Bisque** 

# Combo it!

Quiche I Caesar Salad Soup I Caesar Salad





Cinnamon Bun Latte

Cinnamon Bun Cold Brew with
Sweet Cream

Black/White Hot Chocolate

Black/White Mocha

Hot Cinnamon Spice Tea Misto

Hot Chocolate - Create your own

Upside Down Hot Chocolate

Skinny Latte sugar free syrup with non-fat milk

Fresh Brewed Feature Square One - Cocoa Beanery Blend

